

# VWOs-Charities Capability Fund

Updated: 12-January-2017

## List of Pre-Approved Courses

### NEW COURSES

Need assistance?  
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Amounts stated are for per pax, and for Singaporeans and Singapore Permanent Residents

| S/N | VCF REF. NO. | COURSE TITLE  | COURSE PROVIDER                      | FEE      | FUNDING  | OBJECTIVES   | TARGET AUDIENCE  |
|-----|--------------|---|--------------------------------------|----------|----------|--|--|
| 1   | PAS00001037  | Structured Play Therapist Programme - Level I ( Mandarin )      | Academy of Human Development Pte Ltd | \$590.00 | \$236.00 | To be able to understand toy's/ media's function in play therapy. <input type="checkbox"/><br>To grasp the concept and ability to construct a play therapy room. <input type="checkbox"/><br>To understand the basic concept and skills of play therapy.<br>To be more familiar with and understand the basic skill of Play Therapy through role play <input type="checkbox"/><br>To understand more about the preparation, starting, progress and ending of Play Therapy through role play and discussion <input type="checkbox"/>                        | Counselors and social workers in children domain                               |
| 2   | PAS00001038  | Structured Play Therapist Programme - Level II ( Mandarin )     | Academy of Human Development Pte Ltd | \$590.00 | \$236.00 | To be able to consolidate the basic skill of Play Therapy and the framework of Structured Play Therapy <input type="checkbox"/><br>To form Play Therapy Study Group, and plan the recording of video segment of Play Therapy role play <input type="checkbox"/>  | Counselors and social workers in children domain                               |
| 3   | PAS00001170  | Grief and Loss in the Family: A Systemic Perspective            | Academy of Human Development Pte Ltd | \$600.00 | \$240.00 | To grasp an understanding of the systemic perspectives of grief and loss <input type="checkbox"/><br>To develop necessary skills in assessing and supporting bereaved families   | counselors and social workers involved in consoling family members of deceased |
| 4   | PAS00001169  | Solution-Focused Brief Therapy (Supervision)                    | Academy of Human Development Pte Ltd | \$750.00 | \$300.00 | Be aware of the similarities and differences between supervision, mentoring, training, and collegial support <input type="checkbox"/><br>Have been introduced to, and have practised-based experience of supervision methods that they can apply in to their own and others' work with clients, a variety of workplace environments <input type="checkbox"/><br>Have explored how to have constructive supervisory conversations using principles and practices from SFBT, even if the piece of client work under discussion was not conducted using SFBT. | Counselors and social workers  |
| 5   | PAS00001067  | Introduction to Art Therapy (Professional Development)          | Academy of Human Development Pte Ltd | \$600.00 | \$240.00 | Participants will gain understanding of the roles both process and product in image-making play in art therapy, and ways to develop art themes for therapeutic interventions based on nature of their care-giving roles.   | Counsellors, social workers, teachers and those in need                        |
| 6   | PAS00001047  | Assessment & Intervention Tools in Working with Financial Cases | Academy of Human Development Pte Ltd | \$450.00 | \$180.00 | Basic premises and 3-level objectives <input type="checkbox"/><br>· Understanding the helping process <input type="checkbox"/><br>· Multi-level assessment <input type="checkbox"/><br>· Report writing skills <input type="checkbox"/><br>· Intervention plans <input type="checkbox"/><br>· Introduction to community resources  | Social workers   |

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| 7   | PAS00001171  | Dance Movement Therapy (Working with Children)         | Academy of Human Development Pte Ltd | \$600.00   | \$240.00   | Learn the basic theory and applications of dance movement therapy<br>Learn how movement theory is linked with childhood - stage developments<br>Have the opportunity to experience a dance movement therapy group session<br>Case studies in therapeutic context   | Social workers, counsellors, teachers, persons with special needs   |
| 8   | PAS00001068  | Solution-Focused Brief Therapy (Crisis, Trauma & Loss) | Academy of Human Development Pte Ltd | \$750.00   | \$300.00   | - To embrace the paradigm shift of SFBT in crisis, trauma and loss situations<br>- To adapt SFBT questions according to clients' emotional states and readiness for solution-building<br>- To formulate safety assessment and intervention plans   | Counsellors, social workers and teachers  |
| 9   | PAS00001069  | Diploma in Counselling Skills(Mandarin)                | Academy of Human Development Pte Ltd | \$4,910.00 | \$3,928.00 | Students will not only learn theories and different counselling approaches, relationship building, communication and other life skills will also be emphasized in this course. Through role play and practices, students will be developed to become effective people-helper.  | Teachers, Doctors, HR professionals   |
| 10  | PAS00001070  | Diploma in Family Life Education (Mandarin)            | Academy of Human Development Pte Ltd | \$4,130.00 | \$3,304.00 | Students will learn different family life theories and approaches. Spousal-relationship, parenting and other family life skills will also be emphasized in this course. This course will enable students to have a better understanding of family life education and equip them with practical skills to help self and others. | Family life educators, solemnisers  |
| 11  | PAS00001080  | Dealing with Grief & Loss ( Introduction )             | Academy of Human Development Pte Ltd | \$500.00   | \$200.00   | This course will help participants:<br>- To grasp an understanding of the common grief reactions<br>- To develop necessary skills in assessing and supporting the bereaved<br>- To differentiate complicated grief from common grief reactions   | Counsellors, social workers, teachers, pastoral staff   |
| 12  | PAS00001121  | Happily Ageing From Narrative Perspective              | Academy of Human Development Pte Ltd | \$490.00   | \$196.00   | Using older adults' narrative/life stories to help them identify their strengths, increase their confidence and self-valuation, and guide them into a state of happiness.  | Counsellors, social workers, community workers, grassroots leaders, pastors                               |
| 13  | PAS00001132  | Introduction to Narrative Therapy                      | Academy of Human Development Pte Ltd | \$1,400.00 | \$560.00   | The Introduction to Narrative Therapy lays an important foundation for all who are interested in using narratives in their practices with individuals, families and groups. This course will give participants a solid base upon which they can grow.  | Counsellors, Social Workers, School Pastoral Care Team, Psychologists, Therapists, Community Workers      |
| 14  | PAS00001133  | Extending Narrative Practices                          | Academy of Human Development Pte Ltd | \$1,400.00 | \$560.00   | The Extending Narrative Practices will further develop participants' ideas and skills in working with individuals, families and groups.  | Counsellors, Social Workers, School Pastoral Care Team, Psychologists, Therapists, Community Workers      |
| 15  | PAS00001182  | Foundations of Person-Centred Dementia Care            | Alzheimer's Disease Association      | \$600.00   | \$240.00   | This course is intended for frontline care staff providing centre-based services for community-dwelling older persons such as Senior Activity Centres, Senior Care Centres, Social Day Care Centres, Day Rehabilitation Centres, Dementia Day programmes, Family Service Centres and Sheltered Homes                           | Front-line care staff including health care attendants, nursing and therapy aides, social work assistants |

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| 16  | PAS00001183  | Person-Centred Dementia Care - Providing Home Based Support          | Alzheimer's Disease Association   | \$400.00 | \$160.00 | This course aims to equip the participants with the knowledge and resources to determine the needs of persons with dementia and their caregivers, and provide essential education and support to caregivers in a home based setting. Throughout the course, participants will apply the Person-Centred approach in case formulation and use person-centred strategies to address behaviour of concern.   | This course is intended for programme coordinators, programme executives, and case workers who are involved in supporting persons with dementia and their families through home-based services, such as home therapy programmes, transitional care teams, cluster support services, and community-based mental health teams (COMIT/ CREST). This course suitable for individuals/organisations who have frequent contact with older persons in centre-based facilities which run services/ programmes for older persons, such as Senior Activity Centres (SACs), Family Service Centres (FSCs), grassroots organisations, community centres, and religious organisations. |
| 17  | PAS00001184  | Provide a Dementia-Friendly Environment                              | Alzheimer's Disease Association   | \$200.00 | \$80.00  | This course aims to enable individuals or staff to better recognise older persons with signs of dementia, provide a supportive environment for people with cognitive impairment and dementia, mobilise resources to provide support, and refer the person with dementia for professional help.   | Case managers, counsellors, social workers, psychologists, occupational therapists, rehab programme executives, employment specialists, psychiatrists and caregiver coordinators or facilitators.   |
| 18  | PAS00001053  | Intro to Psychiatric Rehabilitation & Recovery Practices             | Association For Psychiatric Rehabilitation (Singapore)                          | \$750.00 | \$300.00 | Evidence shows that psychiatric rehabilitation services improve a person's potential for recovery. Psychiatric rehabilitation is based on principles that respect the capacity of every person to learn and grow, and to make independent important choices. This training will equip practitioners with the relevant knowledge and skills in psychiatric rehabilitation so as to positively change the lives of individuals with mental illness to one of hope, self-determination, empowerment and recovery. | Teachers, Educators, Therapists, Medical and other Professionals working with Individuals with an Autism Spectrum Disorder  |
| 19  | PAS00001142  | ARC(S) Autism Regional Congress 2017: Pre Congress Learning Journeys | Autism Resource Centre (Singapore), Autism Intervention, Training & Consultancy | \$214.00 | \$85.60  | Participants attending these learning journeys will have the opportunity to observe and reflect on specially customized learning sessions. They will learn about the different types of support that can facilitate learning in various contexts. The learning tours will be structured such that participants will have real life observations and learn about specially selected areas of support in the different life stages (early intervention, special education, employment and adult day care).       | Teachers, Educators, Therapists, Medical and other Professionals working with Individuals with an Autism Spectrum Disorder  |
| 20  | PAS00001141  | ARC(S) Autism Regional Congress 2017                                 | Autism Resource Centre (Singapore), Autism Intervention, Training & Consultancy | \$481.50 | \$192.60 | This autism learning congress aims to empower participants through the enhancement of their knowledge and skills. It also provides an opportunity for participants to be kept abreast of the latest developments on the global autism scene, including the United States, United Kingdom, Australia, Singapore and the region. Additionally, participants will be able to learn about specific strategies and frameworks to enable greater access to learning, working and independent living.                 | Teachers, Educators, Therapists, Medical and other Professionals working with Individuals with an Autism Spectrum Disorder  |

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| 21  | PAS00001160  | Mindfulness Based Stress Reduction Course         | Brahm Centre Ltd         | \$550.00   | \$220.00 | Participants will learn and practise skills in mindfulness, stress physiology and cognitive awareness and be able to develop and draw on their inner resources to bring about greater balance, coping, stability and well-being.  | Social workers, counsellors, therapist, special education teachers, volunteer managers, administration and back-room staff   |
| 22  | PAS00001161  | Mindfulness Foundation Course                     | Brahm Centre Ltd         | \$105.00   | \$42.00  | Participants will learn and practise basic foundational skills to help cope with stress to bring about better balance, stability and well-being.  | Social workers, counsellors, therapist, special education teachers, volunteer managers, administration and back-room staff   |
| 23  | PAS00001164  | Mindfulness Based Stress Reduction 1-day Workshop | Brahm Centre Ltd         | \$120.00   | \$48.00  | Participants will learn and practise skills in mindfulness across multiple situations in their daily lives thru an intensive 8-hour session, utilizing various methods such as mindful movement, breathing meditation, walking meditation and body scan.  | Social workers, counsellors, therapist, special education teachers, volunteer managers, administration and back-room staff   |
| 24  | PAS00001163  | Mindfulness Intermediate Course                   | Brahm Centre Ltd         | \$105.00   | \$42.00  | Participants who have completed the Foundation course will experientially learn longer formal mindfulness practices, building on the foundational attitudes, understanding and applying relief pathways.  | Social workers, counsellors, therapist, special education teachers, volunteer managers   |
| 25  | PAS00001162  | Mindfulness for Self-care Course                  | Brahm Centre Ltd         | \$240.00   | \$96.00  | The course is aimed at reducing the levels of stress while improving the mental wellbeing of social workers and other professionals in the social service sector. Tailored mindfulness training in self-care improves the quality of care administered to the clients/beneficiaries. Attendees will learn a range of skills and techniques aimed at increasing awareness of their thoughts, emotions, body sensations during interactions with clients/beneficiaries.                           | Social workers, counsellors, therapist, special education teachers, volunteer managers, administration and back-room staff   |
| 26  | PAS00001128  | AMPS - Assessment of Motor and Process Skills     | Bridging Talents Pte Ltd | \$2,450.00 | \$768.00 | Understand the theoretical foundation for using the AMPS to promote client-centered and occupation-based practice Administer, score, and interpret the AMPS in a valid and reliable manner Use the AMPS to plan and guide occupational therapy intervention (direct and consultative services) Use the AMPS to evaluate the effectiveness of provided occupational therapy interventions  | Occupational Therapists  |
| 27  | PAS00001130  | Introduction to Prompt by Prompt Institute        | Bridging Talents Pte Ltd | \$1,800.00 | \$720.00 | Participants will be able to : 1)Describe the PROMPT Application Principles 2)Apply different levels of PROMPTing (Parameter, Syllable Complex, Surface), as appropriate to the selected case at a BASIC (phoneme, CVC, or phrase) level. 3) Demonstrate a working familiarity with the Motor-Speech Hierarchy. Analyse, using the Systems Analysis Check list, the strengths and weaknesses of a client's motor- speech system. 4) Design one therapy activity that utilizes all of the above. | Speech Therapists  |
| 28  | PAS00001134  | Emotional Injuries - Letting go & Forgiving       | Caper Institute          | \$1,000.00 | \$400.00 | 1. Understand the phenomenon of emotional injury. <input type="checkbox"/><br>2. Consider ethical issues in working with forgiveness. <input type="checkbox"/><br>3. Discriminate between forgiveness and letting go. <input type="checkbox"/><br>4. Learn steps to promote forgiveness or letting go. <input type="checkbox"/><br>5. Understand the role of different emotions in the change process.  | Counsellors, Senior Counsellors, Principal Counsellors, Psychologist, Senior Psychologist, Principal Psychologist, Social Worker, Senior Social Workers, Principal Social Workers, Case Managers, Senior Case Managers |

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| 29  | PAS00001136  | Emotionally-Focused Therapy (EFT) For Depression | Caper Institute             | \$900.00   | \$360.00 | <ol style="list-style-type: none"> <li>1. Understand the typology of depression. <input type="checkbox"/></li> <li>2. Understand the role of emotions in depression. <input type="checkbox"/></li> <li>3. Understand the EFT model of resolving hopelessness in depression. <input type="checkbox"/></li> <li>4. Identify EFT markers and apply it to EFT tasks for using "chair-work". <input type="checkbox"/></li> <li>5. Apply case formulation of depression using EFT. <input type="checkbox"/></li> <li>6. Apply EFT interventions for depression.</li> </ol>  | Counsellors, Senior Counsellors, Principal Counsellors, Psychologist, Senior Psychologist, Principal Psychologist, Social Worker, Senior Social Workers, Principal Social Workers, Case Managers, Senior Case Managers |
| 30  | PAS00001144  | Couples in Depression                            | Caper Institute             | \$700.00   | \$280.00 | <ul style="list-style-type: none"> <li>-Review and understand the co-morbidity between depression and relationship distress. <input type="checkbox"/></li> <li>-Review research findings supporting the use of Emotionally Focused Couple Therapy for depression. <input type="checkbox"/></li> <li>-Understand the EFCT change process in couples dealing with depression. <input type="checkbox"/></li> <li>-Understand how the EFCT interventions work in couples struggling with depression and relational distress. <input type="checkbox"/></li> <li>-Discuss strategies to deal with the impasses in treatment with couples struggling with depression.</li> </ul>   | Counsellors, Senior Counsellors, Principal Counsellors, Psychologist, Senior Psychologist, Principal Psychologist, Social Worker, Senior Social Workers, Principal Social Workers, Case Managers, Senior Case Managers |
| 31  | PAS00001145  | Introduction to Complex Trauma                   | Caper Institute             | \$900.00   | \$360.00 | <ol style="list-style-type: none"> <li>1. Understand the nature of complex trauma and the central role of emotional processes in disturbance. <input type="checkbox"/></li> <li>2. Understand the EFTT treatment model and how therapy addresses central features of disturbance. <input type="checkbox"/></li> <li>3. Understand intervention guidelines for the phases of therapy and corresponding therapeutic tasks, including cultivating an empathic therapeutic alliance; promoting emotion regulation; reducing fear, avoidance, and shame; accessing anger and sadness.</li> </ol>   | Counsellors, Senior Counsellors, Principal Counsellors, Psychologist, Senior Psychologist, Principal Psychologist, Social Worker, Senior Social Workers, Principal Social Workers, Case Managers, Senior Case Managers |
| 32  | PAS00001146  | Emotionally - Focused Therapy For Complex Trauma | Caper Institute             | \$1,300.00 | \$520.00 | <ol style="list-style-type: none"> <li>1. The nature of complex trauma and the central role of emotional processes in disturbance. <input type="checkbox"/></li> <li>2. The EFTT treatment model and how therapy addresses central features of disturbance. <input type="checkbox"/></li> <li>3. Apply imaginal Confrontation (IC) procedure (empty-chair dialogue with perpetrators of abuse and neglect). <input type="checkbox"/></li> <li>4. Apply empathic Exploration (EE) as an alternative to IC without the use of empty-chair, and re-experiencing traumatic events to transform maladaptive fear and shame. <input type="checkbox"/></li> <li>5. Practice experiential focusing. <ol style="list-style-type: none"> <li>a. Improve the relationship of Social Service Practitioners with the concept of reflexivity in systemic practice at multiple levels of personal and professional approach. <input type="checkbox"/></li> <li>b. Extend their clinical abilities to use self and relational reflexivity at the level of method and technique <input type="checkbox"/></li> <li>c. Consider using these reflexive practices in the context of their own agency/work</li> </ol> </li> </ol> | Counsellors, Senior Counsellors, Principal Counsellors, Psychologist, Senior Psychologist, Principal Psychologist, Social Worker, Senior Social Workers, Principal Social Workers, Case Managers, Senior Case Managers |
| 33  | PAS00001076  | Reflexivity in Systemic Practice with Families   | Counselling and Care Centre | \$670.00   | \$268.00 | <ol style="list-style-type: none"> <li>a. Improve the relationship of Social Service Practitioners with the concept of reflexivity in systemic practice at multiple levels of personal and professional approach. <input type="checkbox"/></li> <li>b. Extend their clinical abilities to use self and relational reflexivity at the level of method and technique <input type="checkbox"/></li> <li>c. Consider using these reflexive practices in the context of their own agency/work</li> </ol>   | Social Workers, Counsellors and Psychologists  |

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| 34  | PAS00001077  | Reflexive Practice in Systemic Supervision                         | Counselling and Care Centre                    | \$750.00   | \$300.00 | <p>a. Improve supervisors' relationship with the concept of reflexivity in supervisory practice at multiple levels of personal and professional approach.</p> <p>b. Extend their supervisory abilities to use self and relational reflexivity at the level of method and technique</p> <p>c. Consider using these reflexive practices in the context of their own supervisory agency/work</p>  | Senior Social Workers, Counsellors and Psychologists   |
| 35  | PAS00001109  | Certificate in Dyscalculia and Numeracy Teaching (2017)            | DAS Academy Ltd                                | \$642.00   | \$256.80 | <p>The objectives are to enable participants in understanding and supporting learners who have difficulties in learning Mathematics (aged 4 to 12), including those with dyslexia; be introduced to the theoretical and practical implications of Mathematical learning, and understand how individual differences affect the learning of Mathematics; learn the skills of identifying and assessing individual needs, as well as practical strategies in supporting struggling learners in Mathematics.</p> | Educational Therapists, Allied Educators from MOE, private tutors and other educational professionals in the field of special educational needs  |
| 36  | PAS00001110  | Certificate in Dyslexia and Literacy Teaching (2017)               | DAS Academy Ltd                                | \$1,819.00 | \$727.80 | <p>To equip participants with relevant knowledge and practical skills so that they are able to effectively employ a literacy-based teaching approach to support children with dyslexia (age 5 ½ years onwards) with regards to his/her literacy development</p>  | Educators - MOE and International Schools, Special Educational Needs Teachers, Educational Psychologists, Child Counsellors, General Medical Practitioners and Allied Health Professionals |
| 37  | PAS00001120  | Certificate in Understanding SpLD in a Preschool Classroom (2017)  | DAS Academy Ltd                                | \$642.00   | \$256.80 | <p>The objectives of the Certificate in Specific Learning Differences (SpLD) in Preschool Classroom are to build understanding of the signs and symptoms of Specific Learning Differences (such as Dyslexia, Dyspraxia, Speech and Language Impairment, and Attention Deficit Hyperactivity disorder) and how these manifest at preschool age.</p>   | Educators, MOE/International Schools, Special Educational Needs Teachers, Educational Psychologists, Child Counsellors, General Medical Practitioners and Allied Health Professionals      |
| 38  | PAS00001112  | Certificate in Understanding Speech and Language Impairment (2017) | DAS Academy Ltd                                | \$535.00   | \$321.00 | <p>1) To build awareness of specific learning difficulties in educators and persons working with children with special educational needs. 2) to equip special education professionals and caregivers with knowledge and skills to work with children with special educational needs.</p>   | Educational Therapists, Allied Educators from MOE, private tutors and other educational professionals in the field of special educational needs  |
| 39  | PAS00001113  | Certificate in IEP Planning for SpLD Learners                      | DAS Academy Ltd                                | \$642.00   | \$256.80 | <p>1) to equip participants with knowledge and practical skills in preparing Individual Education Plans (IEP) for one-to-one intervention with learners of specific learning differences</p> <p>2) to deepen participants' understanding of APIE and skills of applying skills appropriate for the respective stages</p>   | Educators, MOE/International Schools, Special Educational Needs Teachers, Educational Psychologists, Child Counsellors, General Medical Practitioners and Allied Health Professionals      |
| 40  | PAS00001143  | 2017 Gottman Method Couples Therapy: Level 3 - Practicum Training  | Eagles Mediation and Counselling Centre (EMCC) | \$2,499.00 | \$720.00 | <p>To enable participants to:</p> <ul style="list-style-type: none"> <li>- expand their understanding of when and how to use Gottman Method approaches</li> <li>- practice and refine the use of Gottman Method therapy and receive personalized guidance in developing a roadmap for clinical decisions</li> <li>- intervene sensitively when co-morbidities are present</li> </ul>   | Counsellors, Therapists, Social Workers, Psychotherapists, Psychologists, Clinical Supervisors   |

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| 41  | PAS00001137  | Feedback Informed Treatment (FIT): Three Steps to Becoming Your Personal Best in Psychotherapy | Eagles Mediation and Counselling Centre (EMCC) | \$490.00 | \$196.00 | <ol style="list-style-type: none"> <li>Participants will learn to adopt the three systematic steps to improving their outcomes</li> <li>Participants will learn a method for identifying cases at risk for dropping out of treatment or experiencing a negative or null outcome</li> <li>Participants will learn a method for identifying and improving areas of weakness in their clinical work</li> </ol>   | Counsellors, Therapists, Social Workers, Psychotherapists, Psychologists, Clinical Supervisors  |
| 42  | PAS00001124  | Beyond Measures in Psychotherapy: Taking your Personal Best to the Next Level                  | Eagles Mediation and Counselling Centre (EMCC) | \$480.00 | \$192.00 | <ol style="list-style-type: none"> <li>"One Client at a Time": Participants will learn to use, implement, and guide service deliveries based on routine outcome monitoring (ROM) information</li> <li>"One Therapist at a Time": Participants will learn how to employ feedback information to guide their own professional development, and</li> <li>"One Agency at a Time": Building upon the first two objectives, participants will learn to interpret outcome and engagement data to improve service provision as a whole</li> </ol> | Counsellors, Therapists, Social Workers, Psychotherapists, Psychologists, Clinical Supervisors  |
| 43  | PAS00001065  | Introduction to Family Violence  | Family Resource & Training Centre              | \$700.00 | \$280.00 | <ul style="list-style-type: none"> <li>Prepare case plan for family violence cases</li> <li>Illustrate the dynamics involved in working and engaging with different victims</li> <li>choose techniques in managing crisis situations</li> </ul>   | Social Service Practitioners and social workers who are or will be handling cases with issues of family violence in setting such as family service centres, counselling centres and health care settings. Experience in working with family that experienced family violence prior to attending the course would be beneficial. |
| 44  | PAS00001085  | Policy Matters in Social Work  | Family Resource & Training Centre              | \$400.00 | \$160.00 | <ol style="list-style-type: none"> <li>Gain a better understanding of policy development/implementation and its relevance to practice.</li> <li>Acquire skills in applying the nuts and bolts of policy making as part of their practice.</li> <li>Understand the importance of policy in social work practice.</li> </ol>  | Principle Social Workers, senior counsellors, senior psychologists, senior allied health professionals in social service and medical settings.  |
| 45  | PAS00001100  | An Introduction to Facilitating Recovery in People with Mental Illness                         | Family Resource & Training Centre              | \$950.00 | \$380.00 | <ul style="list-style-type: none"> <li>Have an awareness of the main forms of mental illness</li> <li>Have an understanding of how mental illness can impact on functioning in all areas of life</li> <li>Recognise the attitudes of workers/supporters/family members can hinder or help a mentally unwell person</li> </ul>   | Medical Social Workers, Case Workers, Counsellors, Psychologists, Therapists.   |
| 46  | PAS00001154  | Working with Sexual Minorities in Singapore  | Family Resource & Training Centre              | \$650.00 | \$260.00 | <ol style="list-style-type: none"> <li>To raise participants awareness of issues faced by sexual minorities.</li> <li>To impact participants knowledge and skills in working with sexual minorities.</li> <li>To build participants confidence in working with sexual minorities in community settings.</li> </ol>  | Social Workers, Counsellors, Social Service Professionals working with sexual minorities.   |
| 47  | PAS00001168  | Aim for Change   | Family Resource & Training Centre              | \$550.00 | \$220.00 | <ol style="list-style-type: none"> <li>You will learn to identify key problems in the context of solutions</li> <li>You will craft compelling vision statements that motivate your team</li> <li>You will strategise achievable steps that your team can implement effectively</li> <li>You will harness the strength of your team and accelerate implementation</li> </ol>   | Team leaders who work with small teams, Managers in charge of process related issues in agency Department, Social Workers managing projects that require collaboration with volunteers or groups.   |

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| 48  | PAS00001157  | Facilitate Effective Police Interventions  | Family Resource & Training Centre | \$550.00   | \$220.00 | <p>1. You will learn to understand the case worker's role in working with the police <input type="checkbox"/></p> <p>2. You will communicate effectively with Law Enforcers about your role and professionalism <input type="checkbox"/></p> <p>3. You will strategise achievable steps with the police that will meet the needs of your client <input type="checkbox"/></p> <p>4. You will establish effective systems of reporting to your agency and the police</p>   | <p>1. Social Work Practitioners who manage cases with police intervention work <input type="checkbox"/></p> <p>2. Social Work Supervisors who provide supervision to staff for police intervention work <input type="checkbox"/></p> <p>3. Social Work Managers who want to practice professional values while partnering with law enforcers.</p> |
| 49  | PAS00001158  | Ventures of Social Work  | Family Resource & Training Centre | \$550.00   | \$220.00 | <p>1. You will identify 6 common roadblocks of the social work career. <input type="checkbox"/></p> <p>2. You will apply strategies to gain resilience and overcome career roadblocks. <input type="checkbox"/></p> <p>3. You will learn how to create local and global opportunities for long term career development. <input type="checkbox"/></p> <p>4. You will learn to grow your influence in a chosen sector of your choice.</p>  | <p>Social Workers with career roadblocks, Social Workers who feel burnt out, Social Workers who are in work transitions, Counsellors, Case Workers, Therapists, Senior Social Service Practitioners.</p>  |
| 50  | PAS00001159  | Certificate in Supervision for the Social Services (Intermediate)  | Family Resource & Training Centre | \$2,200.00 | \$960.00 | <p>Reflect on their supervision practice since they started practice or after Foundational Course attendance. <input type="checkbox"/></p> <p>Be aware and cognizant of supervision ethics in the local context. <input type="checkbox"/></p> <p>Be aware and be able deal with ethical issues arising in practice and to deal with them in supervision.</p>   | <p>Social Workers and Social Service Practitioners who have attended the Foundational Course and have been practising supervisors, Senior Counsellors, Senior Case Workers, Senior Therapists.</p>  |
| 51  | PAS00001186  | Introduction to Report Writing for Social Service Practitioners  | Family Resource & Training Centre | \$400.00   | \$240.00 | <p>1. Writing in a focussed and concise manner without significant gaps; <input type="checkbox"/></p> <p>2. Documenting in an accurate, objective and complete manner; <input type="checkbox"/></p> <p>3. Being conscious about structuring the report with the intended audience, report purpose and type of information to be included in mind;</p>  | <p>Social Workers, Social Work Associates, Asst. Managers, Managers-Indirect Practise, Research Associates, Senior &amp; Fellow Research Associates.</p>  |
| 52  | PAS00001191  | Facilitating Multi-Agency Case Conferences & Meetings  | Family Resource & Training Centre | \$950.00   | \$380.00 | <p>1) Be able to identify the agencies, organisations and others in the helping network; <input type="checkbox"/></p> <p>2) Understand the obligations and responsibilities of agencies and organisations in the network; <input type="checkbox"/></p> <p>3) Understand some of the barriers which may prevent agencies and organisations from engaging in the helping process;</p>  | <p>Social Workers, Social Service Practitioners, Case Workers, Research Work Managers cum Directors.</p>  |
| 53  | PAS00001181  | Using positive touch techniques to improve emotional and mental health in children and increase concentration for effective learning | Mom n Baby LLP                    | \$500.00   | \$200.00 | <p>Understand the importance of nurturing touch in light of theory and research <input type="checkbox"/></p> <p>Understand how stress affects the brain and nervous system of children <input type="checkbox"/></p> <p>Understand how the programme is able to develop self-awareness, social and emotional skills in children <input type="checkbox"/></p> <p>Learn simple touch routines to be implemented between children and within families <input type="checkbox"/></p> <p>Learn to create touch and movement activities within the teaching curriculum that respect the development and multiple intelligences of children</p> | <p>Early childhood educators, teachers, social workers, counsellors, childcare providers, allied educators</p>  |



| S/N | VCF REF. NO. | COURSE TITLE  | COURSE PROVIDER                            | FEE      | FUNDING  | OBJECTIVES   | TARGET AUDIENCE  |
|-----|--------------|---|--|----------|----------|--|--|
| 54  | PAS00001087  | Understanding Legal Issues in Managing Complex Cases  | Orego Consultancy Services Private Limited | \$580.00 | \$232.00 | <p>Workshop objectives are: <input type="checkbox"/></p> <ul style="list-style-type: none"> <li>- To provide allied health professionals with an overview of the Singapore legal system; <input type="checkbox"/></li> <li>- To explain the implications of law in circumstances that allied health professionals face, including how to extend appropriate professional help; <input type="checkbox"/></li> <li>- To discuss boundaries of action permitted in the Singapore legal system for participants? protection; and <input type="checkbox"/></li> <li>- To examine how to manage dilemmas when the law is in conflict with code of ethics and/or moral obligations</li> </ul> | Social Workers, Medical Social Workers, Counsellors, Psychologist, Psychiatrists; managers at different levels   |
| 55  | PAS00001088  | Applying Effective People-Helping Intervention Strategies   | Orego Consultancy Services Private Limited | \$490.00 | \$196.00 | <p>The objectives of this workshop are: <input type="checkbox"/></p> <ul style="list-style-type: none"> <li>- To teach allied health professionals (without clinical psychological training) how to use a psychologically-validated tool called DASS-21 to screen clients for symptoms of mental conditions like anxiety, post traumatic stress disorder, bipolar disorder, grief, obsessive compulsive disorder, etc. <input type="checkbox"/></li> <li>- To equip participants with intervention skills to help people manage the symptom of their mental health.</li> </ul>   | Social Worker, Medical Social Worker, Counsellor   |
| 56  | PAS00001089  | Crisis Management: Practical Psychological First Aid  | Orego Consultancy Services Private Limited | \$580.00 | \$232.00 | <p>This skills training has 3 parts. The 1st part teaches participants how to provide practical help to individuals in a crisis. They learn important psychological first aid skills like Pacing, Distraction and Diffusion. Part 2 teaches participants to deal with groups of people using 'group psychological first aid' skills. Part 3 gives an understanding of how impacted persons and public will respond to grief, death and bereavement. Participants will learn skills to help them cope with loss &amp; death.</p>  | <ul style="list-style-type: none"> <li>- those with a leadership role in crisis or emergency such as head of VWOs, who need to manage crisis situations <input type="checkbox"/></li> <li>- Social Workers, Medical Social Workers and Counsellors.</li> </ul> |
| 57  | PAS00001090  | Play Therapy Relationship for Practitioners (Level 1)   | Orego Consultancy Services Private Limited | \$580.00 | \$232.00 | <p>The workshop objectives are: <input type="checkbox"/></p> <ul style="list-style-type: none"> <li>- Know the origin and theory of play therapy <input type="checkbox"/></li> <li>- Understand the objectives, principles and benefits of play therapy <input type="checkbox"/></li> <li>- Experience the therapeutic power of play to engage young children in the therapeutic process <input type="checkbox"/></li> <li>- Understand and be exposed to the power of play therapy through experiential learning</li> </ul>   | Social workers, psychologists, counsellors   |
| 58  | PAS00001091  | Ethics: Managing a Multicultural Community and Working with Special Populations   | Orego Consultancy Services Private Limited | \$580.00 | \$232.00 | <p>The workshop objectives are: <input type="checkbox"/></p> <ul style="list-style-type: none"> <li>- Identify key ethical issues when working with clients <input type="checkbox"/></li> <li>- Appreciate the role of multicultural issues in ethics <input type="checkbox"/></li> <li>- Learn ethical decision-making models <input type="checkbox"/></li> <li>- Apply ethical decision-making models to ethical dilemmas <input type="checkbox"/></li> <li>- Know ethical issues when working with special populations</li> </ul>   | Social Workers, Psychologists, Counsellors, Managers   |
| 59  | PAS00001147  | Multi-Modal Communication And Learning Strategies For Children Who Face Significant Challenges: Including Severe Multiple Disabilities And Children On the Autism | Rainbow Centre, Singapore                  | \$897.00 | \$358.80 | <p>Discuss how the brain develops and describe implications for teaching and learning for those students who are developing differently <input type="checkbox"/></p> <p>Describe strategies for increasing motivation, cognitive engagement, and active participation in the learning process. <input type="checkbox"/></p> <p>Discuss a variety of ways to adapt materials to facilitate cognitive and communication skills in young children. <input type="checkbox"/></p> <p>List characteristics of students who have cortical visual impairment along with other multiple disabilities, and describe strategies</p>   | Speech Therapists, Occupational Therapists, Special Education Teacher, Centre Manager  |

| S/N | VCF REF. NO. | COURSE TITLE                          | COURSE PROVIDER   | FEE      | FUNDING  | OBJECTIVES  | TARGET AUDIENCE   |
|-----|--------------|---------------------------------------|---|----------|----------|---|---|
| 60  | PAS00001074  | Making The Connection                 | Rainbow Centre, Singapore   | \$400.00 | \$160.00 | <p>Discuss the current research related to parent-child attachment and building healthy brains <input type="checkbox"/></p> <p>Explain how a secure attachment is developed and what to expect for children aged birth to 3 years. <input type="checkbox"/></p> <p><input type="checkbox"/></p> <p>Implement a range of learning activities from the MTC 0-3 program that have been designed to strengthen the parent-child relationship in 1:1 work with families. <input type="checkbox"/></p> <p><input type="checkbox"/></p> <p>Plan how they can use a coaching approach with parents to enhance learning</p>  | Special Education Teachers, Therapists, Social Workers, Psychologists   |
| 61  | PAS00001079  | Routines Based Interview Course       | Rainbow Centre, Singapore   | \$890.00 | \$356.00 | <p>Participants will understand the key principles underlying routines-based early intervention. <input type="checkbox"/></p> <p><input type="checkbox"/></p> <p>Participants will increase their confidence in using ecomaps, Routines-Based Interviews and participation-based goal setting. <input type="checkbox"/></p> <p><input type="checkbox"/></p> <p>Participants will develop a personalised implementation plan for using aspects of routines-based early intervention in everyday practice.</p>  | Early Childhood Intervention Professionals, Special Education Teachers, Therapists, Social Workers, Psychologists   |
| 62  | PAS00001180  | Introduction to the Satir Model       | Satir Centre (Singapore)  | \$500.00 | \$300.00 | <p>This introductory workshop will help participants: <input type="checkbox"/></p> <ul style="list-style-type: none"> <li>- Understand the basic therapeutic belief system of the Satir Model. <input type="checkbox"/></li> <li>- Surface and identify clients? communication and survival coping patterns. <input type="checkbox"/></li> <li>- Transform clients? problems into positively directional goals. <input type="checkbox"/></li> <li>- Help clients access and utilise their strengths and internal resources.</li> </ul>  | Social Workers, Counsellors, Psychologists, Helping Professionals, Volunteers in Social Services  |
| 63  | PAS00001104  | Diabetes Nutrition Workshop 2017      | Singapore General Hospital (Postgraduate Allied Health Institute) | \$220.00 | \$88.00  | <ul style="list-style-type: none"> <li>- Equip the multidisciplinary diabetes healthcare providers with basic yet essential nutrition knowledge on diabetes <input type="checkbox"/></li> <li><input type="checkbox"/></li> <li>- Update and interpret/translate the current nutrition recommendations and principles for people with diabetes <input type="checkbox"/></li> <li><input type="checkbox"/></li> <li>- Debunk misconceptions surrounding diet and diabetes <input type="checkbox"/></li> <li><input type="checkbox"/></li> <li>- Enhance the importance of using self-blood glucose monitoring as a tool to better achieve the control of blood glucose level and to see how different food affect blood glucose level</li> </ul> | Doctors, General Practitioners, Diabetes Nurse Educators, Nurses, Pharmacists, Physiotherapists and other healthcare professionals providing care to patients with diabetes |
| 64  | PAS00001103  | Solution Focused Brief Therapy (SFBT) | Singapore General Hospital (Postgraduate Allied Health Institute) | \$710.00 | \$284.00 | <ol style="list-style-type: none"> <li>1. Have a solid working knowledge of the core skills, mind-set and philosophy of SFBT. <input type="checkbox"/></li> <li>2. Learn and practice the key elements of solution building in a first, second and follow up session. <input type="checkbox"/></li> <li>3. Develop skills and be able to demonstrate the core competencies in using SFBT. <input type="checkbox"/></li> <li>4. Be able to immediate use and apply the solution focused model in actual practice</li> </ol>  | Healthcare Professionals  |

| S/N | VCF REF. NO. | COURSE TITLE   | COURSE PROVIDER   | FEE        | FUNDING    | OBJECTIVES  | TARGET AUDIENCE  |
|-----|--------------|--|---|------------|------------|---|--|
| 65  | PAS00001102  | Positive Leadership 2017   | Singapore General Hospital (Postgraduate Allied Health Institute) | \$620.00   | \$248.00   | <p>Upon completion of the workshop, participants will be able to: <input type="checkbox"/></p> <ul style="list-style-type: none"> <li>- Explain the case for positive leadership <input type="checkbox"/></li> <li>- Imbue positive meaning into work and leadership <input type="checkbox"/></li> <li>- Share a few elements of the Performance-Happiness Model</li> <li>- Understand their own happiness at work, and potential of the IPPQ for their teams <input type="checkbox"/></li> <li>- Have a more positive emotional effect on others <input type="checkbox"/></li> <li>- Give and receive growth-promoting feedback <input type="checkbox"/></li> <li>- Transform crises into opportunities for learning, growth and enhanced service</li> </ul> | Healthcare Professionals   |
| 66  | PAS00001135  | SSR Research Mentoring Program                                       | Social Service Research Centre                                    | \$3,424.00 | \$2,739.20 | <p>The research mentoring programme offers social service professionals an opportunity to be guided through a research project and be supported with workshops, peer group discussions and regular feedback from mentors. Throughout the programme, social service professionals will be mentored on the entire process of research development, from conceptualization of the research problem to data collection, data-analysis and presentation of their research findings.</p>  | Social workers from all sectors of social services   |
| 67  | PAS00001073  | Group Theraplay 2017   | St Andrew's Lifestreams   | \$802.50   | \$321.00   | <p>At the end of this training, participants will be able to: <input type="checkbox"/></p> <ul style="list-style-type: none"> <li>Plan and structure a Theraplay group. <input type="checkbox"/></li> <li>Apply Theraplay principles to group treatment. <input type="checkbox"/></li> <li>Adapt group Theraplay to different group contexts <input type="checkbox"/></li> <li>Manage resistance and other problems. <input type="checkbox"/></li> <li>Develop skills in how to use group rules and techniques through practice.</li> </ul>   | Psychologists and Psychiatrists, Social Workers, Clinical Counsellors, Marriage and Family Therapists, Play Therapists, Special Education Teachers, Occupational Therapists, Speech and Language Therapists, Early Childhood and Developmental Specialists |
| 68  | PAS00001072  | Level Two Theraplay & MIM 2017                                       | St Andrew's Lifestreams   | \$1,605.00 | \$642.00   | <p>At the end of this training, participants will be able to : <input type="checkbox"/></p> <ul style="list-style-type: none"> <li>Describe the Core Concepts of Theraplay in their relationship to current attachment and brain research. <input type="checkbox"/></li> <li>Develop skills in the use of MIM for treatment planning. <input type="checkbox"/></li> <li>Work with parents in therapy. <input type="checkbox"/></li> <li>Adapt Theraplay to work with trauma and complex families.</li> </ul>  | Psychologists and Psychiatrists, Social Workers, Clinical Counsellors, Marriage and Family Therapists, Play Therapists, Special Education Teachers, Occupational Therapists, Speech and Language Therapists, Early Childhood and Developmental Specialists |
| 69  | PAS00001061  | (2017) Advanced Attachment Theory-Dyadic Developmental Psychotherapy | The Centre for Experiential Training                              | \$1,055.00 | \$422.00   | <p>After running Attachment Theory, Dyadic Developmental Psychotherapy for 8 years, there are request from participants for an advanced course to enhance and concretise their expertise in their work. The workshop is hence designed to fulfil that needs which includes lectures, practice and demonstrations, role-playing, review of DVDs, and opportunities for participants to present DVDs and to discuss cases.</p>  | Social Worker, Aftercare Staff, Counsellor, Psychologist, School Counsellor, Youth Worker, Professional Staffs working in residential home.  |
| 70  | PAS00001081  | (2017) Clinical Supervision - A Competency Based Approach            | The Centre for Experiential Training                              | \$855.00   | \$342.00   | <p>With the advent of competencies documentation for all helping professions, competency based clinical supervision has evolved quickly and widely adopted across the globe for professional training. There are many benefits adopting this model namely: 1. A reflective and mindful approach focusing on the strength of the supervisee; 2. Upholding values and ethics of the profession; 3. Devoted to supervisee professional development; 4. Gatekeeping for the protection of clients.</p>  | Social Worker, Counsellor, Psychologist, Manager   |

| S/N | VCF REF. NO. | COURSE TITLE                          | COURSE PROVIDER     | FEE      | FUNDING  | OBJECTIVES   | TARGET AUDIENCE   |
|-----|--------------|---------------------------------------|---------------------|----------|----------|--|---|
| 71  | PAS00001046  | Basic Course in Grief and Bereavement | TTSH Community Fund | \$350.00 | \$140.00 | <p>At the end of the workshop, the participants should be able to :<input type="checkbox"/></p> <p>1) describe key theories and models in grief and bereavement work<input type="checkbox"/></p> <p>2) share personal thoughts and feelings on death<input type="checkbox"/></p> <p>3) identify individuals with high risk of complicated grief and <input type="checkbox"/></p> <p>4) demonstrate basic skills in supporting grieving and bereaved individuals.</p> | <p>Participants have to be 1) healthcare or social service professionals with at least a bachelor degree; 2)Those with Diploma must be working in healthcare or social service sectors with minimum 2 years of relevant working experience.</p> |

# VVOs-Charities Capability Fund

Updated: 12-January-2017

## List of Pre-Approved Courses

**REPEAT  
RUNS**

Need assistance?  
Contact VCF Secretariat: Ms Seri  
Noryanna seri\_noryanna@ncss.gov.sg  
Tel: 62102555

Amounts stated are for per pax, and for Singaporeans and Singapore Permanent Residents

| S/N | VCF REF. NO. | COURSE TITLE  | COURSE PROVIDER  | FEE        | FEE        | OBJECTIVES  | TARGET AUDIENCE  |
|-----|--------------|---|--|------------|------------|---|--|
| 1   | PAS00001044  | Solution-Focused Brief Therapy (Working with Youth)   | Academy of Human Development Pte Ltd   | \$750.00   | \$450.00   | The course aims to equip social workers, counsellors, psychologists and people in the helping professions with the knowledge and skills of SFBT, and to use the therapy effectively to help clients and people in need. The approach also works with clients who face extreme difficulties in their lives and relationships.  | Counselors, social workers and teachers  |
| 2   | PAS00001052  | Introduction to the Practice of Case Management in Social Services  | Academy of Human Development Pte Ltd   | \$700.00   | \$280.00   | Apply knowledge learnt to various settings<br>To promote the multi-prong approach to people helping   | Social workers and counsellors   |
| 3   | PAS00001092  | Certificate In Autism 2017  | Autism Resource Centre (Singapore),<br>Autism Intervention, Training & Consultancy | \$2,568.00 | \$1,200.00 | to build knowledge and skills capabilities of the participants so they can better support individuals with autism.  | Teachers/Educators, Therapists and other Professionals working with Individuals with Autism Spectrum Disorder.   |
| 4   | PAS00001095  | Certificate In Autism (Early Intervention Programme) 2017   | Autism Resource Centre (Singapore),<br>Autism Intervention, Training & Consultancy | \$2,568.00 | \$1,200.00 | To build knowledge and skills capabilities of the participants so that they can better support young children with autism   | Teachers/Educators, Therapists and other Professionals working with Individuals with an Autism Spectrum Disorder.  |
| 5   | PAS00001096  | Higher Certificate In Autism (Module 1):<br>Communication In Autism 2017  | Autism Resource Centre (Singapore),<br>Autism Intervention, Training & Consultancy | \$1,284.00 | \$1,027.20 | To equip participants with a high degree of skill and independence in effective application of autism intervention frameworks and systematic development of strategies  | Teachers, Educators, Therapists and other Professionals working directly with individuals with an Autism Spectrum Disorder.  |
| 6   | PAS00001097  | Higher Certificate In Autism (Module 2):<br>Managing and Shaping Behaviour in Individuals with an Autism Spectrum Disorder (ASD) 2017 | Autism Resource Centre (Singapore),<br>Autism Intervention, Training & Consultancy | \$1,284.00 | \$1,027.20 | To equip participants with a high degree of skill and independence in effective application of autism intervention frameworks and systematic development of strategies  | Teachers, Educators, Therapists and other Professionals working directly with individuals with an Autism Spectrum Disorder.  |
| 7   | PAS00001098  | Higher Certificate In Autism (Module 3):<br>Teaching 'Hidden Curriculum to Individuals with Autism) 2017                              | Autism Resource Centre (Singapore),<br>Autism Intervention, Training & Consultancy | \$1,284.00 | \$1,027.20 | To equip participants with a high degree of skill and independence in effective application of autism intervention frameworks and systematic development of strategies  | Teachers, Educators, Therapists and other Professionals working directly with individuals with an Autism Spectrum Disorder.  |
| 8   | PAS00001099  | Preparatory Programme for Teachers in Autism Early Intervention 2017  | Autism Resource Centre (Singapore),<br>Autism Intervention, Training & Consultancy | \$1,926.00 | \$1,200.00 | To prepare teachers with knowledge and skills to be more effective in working with young children with autism.  | Teachers, Teacher Assistants and other Professionals working with young children with Autism Spectrum Disorder.  |
| 9   | PAS00001140  | Working with Adolescents and Young Adults with Autism - An Introductory Course 2017   | Autism Resource Centre (Singapore),<br>Autism Intervention, Training & Consultancy | \$856.00   | \$480.00   | To build knowledge and skills capabilities of the participants so that they can better transition into their job role to support young adults with autism.  | Coaches, Programme Staff, Therapists, Educators and other Professionals working with young adults with an Autism Spectrum Disorder   |
| 10  | PAS00001125  | PECS Level 1  | Bridging Talents Pte Ltd   | \$700.00   | \$280.00   | Identify key Pyramid components to design effective educational environments. Discuss a historical and theoretical overview of language training programs used with non-verbal individuals. Describe in detail the Picture Exchange Communication System (PECS) and its relationship to traditional training programs. Apply the procedures and instructional techniques related to a behaviour analytic orientation involved in implementing PECS. | Speech therapists, psychologists, parents/caregivers, occupational therapists, behaviour analysts, program administrators, supervisors who have experience in implementing PECS and are familiar with training protocol, teachers in special education or mainstream setting working with children, adolescents and adults with limited communication skills including autism                |
| 11  | PAS00001126  | PECS Level 2  | Bridging Talents Pte Ltd   | \$750.00   | \$300.00   | How to analyse common difficulties with PECS Implementation. How to generate solutions to difficult PECS implementation situations. How to analyse a classroom day and learn to program communication opportunities into all activities. How to implement specific training strategies for teaching advanced language concepts  | Speech therapists, psychologists, parents/caregivers, occupational therapists, support staff, behaviour analysts, program administrators, supervisors who have experience in implementing PECS and are familiar with training protocol, teachers in special education or mainstream setting working with children, adolescents and adults with limited communication skills including autism |

| S/N | VCF REF. NO. | COURSE TITLE   | COURSE PROVIDER                   | FEE        | FEE        | OBJECTIVES   | TARGET AUDIENCE  |
|-----|--------------|--|-----------------------------------|------------|------------|--|--|
| 12  | PAS00001131  | Brigance - Inventory of Early Development (IED) for Individualized Education Planning: From Assessment to Evaluation                     | Bridging Talents Pte Ltd          | \$750.00   | \$300.00   | a. Determine present level of performance<br>b. Develop measurable IEP goals and objectives<br>c. Target instruction based on assessment results<br>d. Monitor progress for a wide range of students, even lower-functioning students  | Teachers and teacher assistants in EIPIC and Inclusive Preschool settings<br>Other professionals engaged in curriculum development and delivery  |
| 13  | PAS00001149  | Certificate in Counselling for New Practitioners (English) Run 7 & 8   | Care Corner Singapore Ltd         | \$1,200.00 | \$480.00   | To enable new social workers and programme staff to understand the skills and knowledge of counselling so that they can apply it in their practice or workplace.   | social worker, programme staff, teacher, health aid helpers.   |
| 14  | PAS00001150  | Certificate in Counselling for New Practitioners (Mandarin) Run 5  | Care Corner Singapore Ltd         | \$1,200.00 | \$720.00   | To enable new social workers and programme staff to learn skills and knowledge of counselling so that they can apply in their practice and workplace.  | Social workers, programme staff, teacher, health aid helpers.  |
| 15  | PAS00001151  | Systemic Ideas in Practice (Family Therapy) Run 6  | Care Corner Singapore Ltd         | \$750.00   | \$300.00   | 1. Increase participants knowledge of systemic ideas and underpinnings. <input type="checkbox"/><br>2. Expose participants on how to practice systemic ideas in various areas of counselling/ social work.   | social worker, programme staff, teacher, counsellor  |
| 16  | PAS00001152  | Unleashing the Potential of Youth in Singapore - Module 1 (Run 2)  | Care Corner Singapore Ltd         | \$2,000.00 | \$768.00   | 1. Youth Needs Analysis <input type="checkbox"/><br>2. Review and debrief processes and personal action plans. <input type="checkbox"/><br>3. Key tribal influences on young people. <input type="checkbox"/><br>4. Cognitive Behavioural Techniques for understanding and promoting change. <input type="checkbox"/><br>5. Contact, Engagement & Techniques.  | Youth worker, counsellor, social worker, teacher   |
| 17  | PAS00001153  | Unleashing the Potential of Youth in Singapore - Module 2 (Run 2)  | Care Corner Singapore Ltd         | \$2,000.00 | \$768.00   | 1. Participants will learn a range of strengths-based techniques and interventions to develop young people's motivation and capacity to change their behavior.   | youth worker, social worker, counsellor, teacher   |
| 18  | PAS00001155  | Self Awareness Supervision Model (Practitioner) Run 2  | Care Corner Singapore Ltd         | \$1,200.00 | \$480.00   | 1. Promoting participants' ability of self-awareness in counselling process through Self-Awareness Supervision Model (SASM) and building their ability to inspect their own counselling practices on self-awareness. <input type="checkbox"/><br>2. Rationale introduction, self awareness and SASM.   | counsellor, social worker, practitioner  |
| 19  | PAS00001083  | Diploma in Clinical Supervision 2017-2018  | Counselling and Care Centre       | \$7,950.00 | \$4,500.00 | 1. Grasp concepts and theories of supervision. 2. Describe, discriminate and demonstrate supervision skills. 3. Utilize the Systemic Approach as a practice model of supervision. 4. Understand how to work with supervisees and supervisory issues. 5. Develop personally and professionally through developing self-reflexivity in clinical and supervisory practice. 6. Enhance competency in supervision practice through a variety of supervision modalities and consultation of clinical work.   | Senior Social Workers, Counsellors and Psychologists   |
| 20  | PAS00001082  | Graduate Diploma In Counselling Practice 2017 -2018  | Counselling and Care Centre       | \$7,950.00 | \$4,500.00 | Equip helping professionals with knowledge of counselling concepts and theories of counselling, and practice skills which are essential in the provision of competent counselling service.<br>Provide grounding in systems theory and an overview of development of family therapy in recent decades; enhance knowledge on the different models of family therapy and approaches; and increase the understanding of their applications in working with families, couples and individuals. The course attempts to integrate the different models and approaches to foster a coherent approach in working with clients from the social and cultural context in Singapore.  | Social Workers, Counsellors, Psychologists   |
| 21  | PAS00001114  | Post Graduate Certificate in Systemic Thinking and Approaches - Applications in Social Work Context and Clinical Practice 2017 (2nd Run) | Counselling and Care Centre       | \$2,500.00 | \$1,200.00 | Provide grounding in systems theory and an overview of development of family therapy in recent decades; enhance knowledge on the different models of family therapy and approaches; and increase the understanding of their applications in working with families, couples and individuals. The course attempts to integrate the different models and approaches to foster a coherent approach in working with clients from the social and cultural context in Singapore.  | Social Workers, Counsellors, Psychologists   |
| 22  | PAS00001122  | 2017 Gottman Method Couples Therapy: Level 1- Bridging the Couple Chasm  | EMCC                              | \$989.00   | \$480.00   | Clinicians will learn: - new research-based assessments and effective interventions to help understand couples' struggles - research-based strategies and tools to help couples successfully manage conflict - skills that empower couples to dialogue about their worst gridlocked issues - methods to help couples process their fights and heal their hurts - techniques for couples to deepen their intimacy and minimize relapse  | - Mental health providers <input type="checkbox"/><br>- Professors/teachers of couples therapy <input type="checkbox"/><br>- Family clinic staff <input type="checkbox"/><br>- Employee assistance professionals <input type="checkbox"/><br>- Allied professionals and clergy<br>- Mental health providers <input type="checkbox"/> |
| 23  | PAS00001123  | 2017 Gottman Method Couples Therapy: Level 2 - Assessment, Intervention and Co-morbidities   | EMCC                              | \$1,649.00 | \$720.00   | Participants will: - refine their clinical skills - learn to internalize & integrate the powerful Gottman Method Assessment & intervention techniques - gain insight as to when to use these methods & when couples therapy is contraindicated - become skilled in using Level 2 Clinical Manual - practise using Assessment & Interventions in group role plays   | - Professors/teachers of couples therapy <input type="checkbox"/><br>- Family clinic staff <input type="checkbox"/><br>- Employee assistance professionals <input type="checkbox"/><br>- Allied professionals and clergy   |
| 24  | PAS00000980  | Identification and Assessment of Family Violence 2016  | Family Resource & Training Centre | \$400.00   | \$160.00   | - Understand fundamental principles of family violence <input type="checkbox"/><br>- Knowledge of the types, signs and indicators of family violence <input type="checkbox"/><br>- Understand the effects of family violence on family <input type="checkbox"/><br>- Knowledge of the systems and law and how it affects working with family who experience family violence <input type="checkbox"/><br>- Assessment of the risk level, plan and carry out interventions   | Social Service Practitioners and Social Workers who are or will be handling cases with issues of family violence in setting such as family service centres, counselling centres and health care settings.<br>Experience in working with family that experienced family violence prior to attending the course would be beneficial.   |
| 25  | PAS00000990  | Certificate in Supervision for the Social Services 2016  | Family Resource & Training Centre | \$1,680.00 | \$960.00   | 1. Describe the role and functions of a supervisor; <input type="checkbox"/><br>2. Gain a better understanding of skills & knowledge required in supervision; <input type="checkbox"/><br>3. Be aware of ethical issues involved; <input type="checkbox"/><br>4. Demonstrate more confidence performing the duties and responsibilities of a Supervisor; <input type="checkbox"/><br>5. Identify ways of helping supervisees to develop as professional workers;<br>- Increase awareness of their own attitude towards suicide and its impact on the intervention process; and <input type="checkbox"/><br>- Gain knowledge, skills and confidence to deal with persons at risk of suicide to help them stay safe and seek further help. | Social Workers, Social Service Practitioners, Counsellors, Caseworkers, Social Work Associates etc.  |
| 26  | PAS00001054  | ASIST - Suicide First Aid 2017   | Family Resource & Training Centre | \$550.00   | \$330.00   | - Increase awareness of their own attitude towards suicide and its impact on the intervention process; and <input type="checkbox"/><br>- Gain knowledge, skills and confidence to deal with persons at risk of suicide to help them stay safe and seek further help.   | Social Workers, Social Service Practitioners, Social Work Associates, Psychologists & Counsellors.   |
| 27  | PAS00001056  | Grief Work with Individuals and Families 2017  | Family Resource & Training Centre | \$750.00   | \$450.00   | 1. Learn about attachment, loss and the experience of grief, as well as the key tasks of mourning and its mediators. <input type="checkbox"/><br>2. Be exposed to experiential means of facilitating grief based on expected or sudden losses of loved ones experienced by an individual or family system. <input type="checkbox"/><br>3. Be expected to discuss their own perceptions and relationship with grief and loss, and explore how they affect practice.   | Social Workers, Social Work Practitioners, Case Workers, Social Work Associates, Counsellors, Therapists.  |

| S/N | VCF REF. NO. | COURSE TITLE  | COURSE PROVIDER   | FEE        | FEE      | OBJECTIVES   | TARGET AUDIENCE  |
|-----|--------------|---|---|------------|----------|--|--|
| 28  | PAS00001066  | Groupwork Skills 2017   | Family Resource & Training Centre                                 | \$950.00   | \$380.00 | have a clear definition of what constitutes a group; <input type="checkbox"/><br><input type="checkbox"/><br>? have an understanding of circumstances where a group work approach would be beneficial; <input type="checkbox"/><br><input type="checkbox"/><br>? be able to identify group development and processes; <input type="checkbox"/><br><input type="checkbox"/><br>? be able to identify roles played in groups;  | Social Workers, Social Service Practitioners, Case Managers, Counsellors, Therapists, Social Work Associates, etc.   |
| 29  | PAS00001078  | Understanding and Applying Social Work Ethics in Singapore 2017               | Family Resource & Training Centre                                 | \$1,100.00 | \$480.00 | 1) Develop awareness of value systems that impact on social work practice; <input type="checkbox"/><br><input type="checkbox"/><br>2) Acknowledge the importance of applying the social work code of ethics on themselves, clients and fellow practitioners; <input type="checkbox"/><br><input type="checkbox"/><br>3) Identify ethical problems and dilemmas that emerge in practice; and <input type="checkbox"/><br><input type="checkbox"/><br>4) Understand and apply the ethical decision making model. | Social Workers, Social Service Practitioners, Social Work Associates, Counsellors, Case Workers etc.   |
| 30  | PAS00001148  | Working with Children and Families  | Family Resource & Training Centre                                 | \$950.00   | \$380.00 | 1. Have a clear definition of what constitutes a family; <input type="checkbox"/><br>2. Understand the value of practitioners working as partners; <input type="checkbox"/><br>3. Link family work to early childhood development concepts; <input type="checkbox"/><br>4. Have a clear understanding of when to use family work as an intervention strategy;  | Social Workers and others working in family support services or child protection.  |
| 31  | PAS00001188  | Community Work Practice in Social Services 2017                               | Family Resource & Training Centre                                 | \$700.00   | \$280.00 | To provide training for professional and personal development to practitioners in the social service sector.   | Social Workers, Social Service Practitioners, Counsellors, Social Work Associates etc.   |
| 32  | PAS00001189  | Self Care from the Inside Out 2017  | Family Resource & Training Centre                                 | \$850.00   | \$480.00 | To provide training for professional and personal development to practitioners in the social service sector.   | Social Workers, Social Service Practitioners, Case Workers, Counsellors, Therapists, etc   |
| 33  | PAS00001190  | Certificate in Casework & Case Management 2017                                | Family Resource & Training Centre                                 | \$2,300.00 | \$768.00 | To provide training for professional and personal development to practitioners in the social service sector.   | Social Workers, Social Service Practitioners, Social Work Associates, Counsellors, Case Workers & Case Managers.   |
| 34  | PAS00001192  | Certificate in Supervision for the Social Services (Basic)                    | Family Resource & Training Centre                                 | \$1,650.00 | \$960.00 | To provide training for professional and personal development to practitioners in the social service sector.   | Social Workers, Social Service Practitioners, Counsellors, Case Workers etc.   |
| 35  | PAS00001185  | Window On Addictions 2017   | Promises Pte Ltd  | \$1,284.00 | \$513.60 | Promises main aim is to equip and train more addition and mental health professionals, Promises runs a variety of relevant courses under Promises Pact (Psychology, Addictions and Counselling Training)   | Therapists, counselors, psychologists, addictions specialists, mental health workers, family and marriage counselors, youth counselors, creative specialists, teachers, corporate managers, practitioners involved in group work, social workers, health workers and community leaders |
| 36  | PAS00001187  | Gambling Addiction Certification Course 2017                                  | Promises Pte Ltd  | \$1,284.00 | \$513.60 | Promises main aim is to equip and train more addition and mental health professionals, Promises runs a variety of relevant courses under Promises Pact (Psychology, Addictions and Counselling Training)   | Therapists, Counsellors, Psychologists, addiction specialists, mental health workers   |
| 37  | PAS00001176  | Level 2 Satir Transformational Systemic Therapy: Working with Couples (L222)  | Satir Centre (Singapore)  | \$1,450.00 | \$870.00 | Please see attached to "No. of participants from your organisation".   | Social Workers, Counsellors, Psychologists, Social Service Professionals, Helping Professionals, Volunteers in Social Services   |
| 38  | PAS00001179  | Level 2 Satir Transformational Systemic Therapy: Working with Families (L232) | Satir Centre (Singapore)  | \$1,450.00 | \$870.00 | Please see attached under "No. of participants from your organisation"   | Social Workers, Counsellors, Psychologists, Helping Professionals, Volunteers in Social Service  |
| 39  | PAS00001107  | Mental Health First Aid Workshop 2017   | Singapore General Hospital (Postgraduate Allied Health Institute) | \$450.00   | \$270.00 | This course aims to equip participants with basic mental health knowledge, so as to recognize common mental health problems, provide initial help, and guide the person towards appropriate professional help  | Social Workers/ Counsellors  |
| 40  | PAS00001106  | Applied Suicide Intervention Skills Training Workshop 2017                    | Singapore General Hospital (Postgraduate Allied Health Institute) | \$520.00   | \$312.00 | To develop skills in suicide first aid to help a person at risk stay safe and seek further help. The knowledge and skills gained will enable the participant to deal with person at risk of suicide with greater confidence and competence.  | Social workers, counsellors  |
| 41  | PAS00001105  | Motivational Interviewing (Basic & Intermediate) 2017                         | Singapore General Hospital (Postgraduate Allied Health Institute) | \$770.00   | \$308.00 | The aim of this interactive workshop is to introduce the theory and foundational skills of MI through didactic and experiential processes. Participants will become acquainted with the history of MI and underlying theories and key foundational skills.   | Healthcare Professionals, School Counsellors, Teachers   |
| 42  | PAS00001116  | Essential Counselling Skills Workshop 2017                                    | Singapore General Hospital (Postgraduate Allied Health Institute) | \$480.00   | \$192.00 | Understanding what counselling is, to acquiring effective counselling skills, and applying a problem-solving structure to facilitate positive intervention. Different methodologies including role plays will be used to bring home the range of counselling skill sets.   | Social Workers/ Counsellors  |
| 43  | PAS00001118  | Enteral Nutrition Workshop 2017   | Singapore General Hospital (Postgraduate Allied Health Institute) | \$240.00   | \$96.00  | This course aims to: <input type="checkbox"/><br>- equip healthcare providers with skills in handling patients requiring enteral nutrition feeding <input type="checkbox"/><br>- promote evidence based practice of enteral nutrition management.  | Healthcare professionals, including nurses and healthcare assistants   |

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|-----|--------------|---|--------------------------------------|------------|----------|---|--|
| 44  | PAS00001177  | 12th Asia Pacific Hospice Conference 2017                     | Singapore Hospice Council            | \$825.00   | \$330.00 | The 3-pronged objectives are: 1) To advance skills & knowledge via a platform for world experts, doctors, nurses & allied health professionals to converge, learn and share. 2) To equip the clinician & allied health practitioners with new skills, ideas and inspiration that would help them grow and resource themselves as a palliative care provider or researcher. 3) To address the issues which challenge persons who are caring for patients facing life-limiting and life threatening illnesses.        | Doctors, Nurses, Pharmacists, Allied Healthcare workers  |
| 45  | PAS00001062  | Level One Theraplay & MIM 2017                                | St Andrew's Lifestreams              | \$1,605.00 | \$642.00 | At the end of this training, participants will be able to: □ Describe how Theraplay is applied to meet the needs of children with behaviour problems, foster and adopted children, children with ASD, and older children. □ Administer the MIM, analyse it to identify the types of behaviour that require a particular dimension and conduct feedback sessions with parents and plan for the Theraplay treatment collaboratively. □ Describe how to guide parents to participate in a Theraplay treatment session. | Psychologists and Psychiatrists, Social Workers, Clinical Counsellors, Marriage and Family Therapists, Play Therapists, Special Education Teachers, Occupational Therapists, Speech and Language Therapists, Early Childhood and Developmental Specialists |
| 46  | PAS00001058  | (2017) Tools for change using creative group work             | The Centre for Experiential Training | \$755.00   | \$302.00 | The training covers the principles of using creative group work techniques and tools. The focus includes changing group dynamics, increased understanding of motivational group work models for change and the use of practical creative exercises. The workshop also focus on boosting group leaders' own self confidence and belief systems to enhance leaders' ability to create vision, hope and common purpose that unites the energy of the group members.  | Social Work Assistant, Social Worker, Programme Executive, Aftercare Staff, Counsellor, Psychologist, School Counsellor, Youth Worker  |
| 47  | PAS00001178  | (2017) Engaging Men in Family Based Programmes                | The Centre for Experiential Training | \$395.00   | \$158.00 | The important role of ?father/men? in family is indisputable. This workshop aims to shed insight on (1) the ?needs and mindset? of Father/Men in family related therapy (2) how to strategies programs that will enhance their desire and ability to get involve and commit to child protection issues, family based programmes, resolve conflicts and participate in their children?s lives. The theoretical framework used is strengths based approach.   | Social Worker, Programme Executive, Counsellor, School Counsellor, Youth Worker  |
| 48  | PAS00001057  | (2017) Companionship Children using Creative Arts Therapy     | The Centre for Experiential Training | \$1,155.00 | \$462.00 | This workshop is about how to work with young adolescents (age 12-16) using experiential and creative arts therapy namely drawing, play, sandtray, story telling or rewrite the story etc. Helpers will develop skills in: 1. How to interact respectfully with young adolescents drawing on their imagination, motivation, special knowledge and abilities. 2. How to collaborate to make change in a fun and yet effective ways.  | Social Work Assistant, Social Worker, Programme Executive, Aftercare Staff, Counsellor, Psychologist, School Counsellor, Youth Worker  |
| 49  | PAS00001060  | (2017) Attachment Theory - Dyadic Developmental Psychotherapy | The Centre for Experiential Training | \$1,395.00 | \$558.00 | This workshop is about healing clients whom develop reactive attachment disorder and have trauma-attachment problem. 1. Assessment Component: Includes psychological tests and questionnaires to assess commitment, state of mind with respect to attachment, and insightfulness. 2. Treatment Component will provide details of the treatment model of Dyadic Developmental Psychotherapy. Also include how to work with parents / caregivers. Participants will learn from both Video tapes and Demonstration.    | Social Work Assistant, Social Worker, Programme Executive, Aftercare Staff, Counsellor, Psychologist, School Counsellor, Youth Worker  |
| 50  | PAS00001063  | (2017) Motivational Interviewing                              | The Centre for Experiential Training | \$995.00   | \$398.00 | This is an introduction to the evidence-based clinical method of Motivational Interviewing (MI) for working with violence, abuse and addiction. Most helping professionals are burnt out from dealing with such highly resistant clients and MI is researched and known to succeed in these areas. After orientation to the underlying spirit, structure and skills in MI, participants are offered practical skills to elicit client 'change talk' and how to roll with resistance and hospitality.                | Social Work Assistant, Social Worker, Programme Executive, Aftercare Staff, Counsellor, Psychologist, School Counsellor, Youth Worker  |
| 51  | PAS00001064  | (2017) Advancing the Practice of Motivational Interviewing    | The Centre for Experiential Training | \$825.00   | \$330.00 | This two day training which has a prerequisite of at least seven hours of Motivational Interviewing (MI) training, will discuss further the effective approach in the treatment of mental health, substance abusers, and co-occurring. The focus of this workshop is on how to work with clients? ambivalent / resistant to change and how to motivate clients towards formulating an action plan for change rather than staying in status quo.   | Social Work Assistant, Social Worker, Programme Executive, Aftercare Staff, Counsellor, Psychologist, School Counsellor, Youth Worker  |