

Cover illustration by  
  
**DAREN  
 LAUCHENGCO**

Daren Lauchengo first experienced depression when he was 16, but it was not until 20 years later that he finally sought medical help. Diagnosed with bipolar disorder, Daren attributes the quality and subject matter of his art to his lived experience of the condition.

Married to a loving wife, with whom the artist has two sons. Art used to be a way for him to explain his condition during his darker days when they were younger. Now, Daren continues to express himself through art whilst living life fully with his family.



Photography by  
  
**ISABELLE  
 LIM**

Isabelle Lim, born Deaf, is not unlike any other photographer - wielding a camera to capture moments in time through her own unique perspective. While Isabelle's world is silent, the world she records with her lens speaks volumes about emotions, movement and more.

Standing at a slender 1.48m because of Nager Syndrome, Isabelle fearlessly pursued her dream of becoming a photographer and was the first recipient of the Dare to Dream scholarship for deserving students with special needs from the LASALLE College of the Arts. Since then, Isabelle has not only held her first solo exhibition, but has had photographs featured at several exhibitions in Singapore.